

NEWS RELEASE

FOR IMMEDIATE RELEASE

June 15, 2022

Contact: Derek Schroeder
Community Services Director
216.292.1970

derek.schroeder@beachwoodohio.com

*Beachwood's Fitness Park preparing to revolutionize outdoor exercise
Launch Day at the Fitness Park is scheduled for Wednesday, June 29th*

BEACHWOOD, Ohio - Community health and wellness just got easier with the addition of a Fitness Park located in Beachwood's City Park East. The new Fitness Park features state-of-the-art outdoor equipment for all fitness levels.

The project consists of two phases. The initial phase was completed May 27 offering body weight style equipment targeting major muscle groups. The second phase is a sleek, modern fitness court with a supporting mobile app by the National Fitness Campaign, scheduled for installation the week of June 20. The court offers different exercise zones for a full body workout and circuit style training. The space was created with all ages in mind, making exercise accessible to all in an open-air atmosphere. Beachwood is one of approximately 250 cities nationwide with this unique community asset.

"A distinct element of phase two is the public art installation on the back of the equipment wall. The artwork is titled "Five Seasons in Ohio" by local artist Eileen Dorsey," stated Derek Schroeder, Community Services Director for the City of Beachwood. "Eileen has been honored as Cleveland Scene's Best Artist in 2020 and 2018, Cleveland Magazine's Best Artist in 2021, 2020 and 2019, and was recognized with 'Eileen Dorsey Day' on July 31, 2021 by the Mayor of Westlake. Her work will face outward towards the trails in City Park East and Barkwood Park. We're very excited to see the finished product."

A Launch Day event is being organized for Wednesday, June 29 at 5:30 p.m. Come see the ribbon cutting, demo the equipment, meet artist Eileen Dorsey, try an introductory fitness class and more at the Fitness Park. Free community fitness classes are currently being organized for all to enjoy. The Fitness Park will also be open daily for your own workout routine. For the latest Launch Day details and fitness schedule, visit BeachwoodRec.com or follow Beachwood Recreation on Facebook.

Community fitness class partners include Mandel Jewish Community Center, Burn Boot Camp, ATP Gym, and local fitness enthusiast Robyn Schadick.